



# ATHLETE PARTICIPATION FORM

## SPECIAL OLYMPICS USE ONLY

Athlete ID Number: \_\_\_\_\_

Expiry Date of Form: \_\_\_\_/\_\_\_\_/\_\_\_\_

Approved by: \_\_\_\_\_

(Print Name)

Signature: \_\_\_\_\_

This Section for office use only. You do not need to fill in anything here.

Special Olympics Ireland is committed to protecting your privacy. This form will be processed in accordance with the Data Protection Amendment Act 2003 (Republic of Ireland) and the Data Protection Act 1998 (UK) and for the purpose of administering Special Olympics programmes. Please complete ALL sections in BLOCK CAPITALS using Black or Blue ink.



### Section 1: ATHLETE PERSONAL AND PROGRAMME INFORMATION

For Surname, First name and Middle name please state as on birth certificate

Mr/Ms/Mrs/Miss

M I S S

First Name

G E R T R U D E

Middle Name

M A R I E

Surname

S M I T H

Preferred First Name

T R U D Y

Date of Birth

2 8 0 9 1 9 8 0  
D D M M Y Y Y Y

Gender

Male

Female

Nationality

I R I S H

Height

5' 6" centimetres / feet

Weight

1 0 kilograms / stone

Eye Colour

B L U E

Hair Colour

B R O W N

Fill in athletes name exactly as it appears on their birth certificate.

If athlete is usually called by another name fill it in here

Fill in athletes height & weight & indicate if it is in feet, stones, etc

### ATHLETE'S CURRENT HOME ADDRESS

Address Line 1

1 2 P A R K A V E N U E

Address Line 2

O F F N O R T H C I R C U L A R R O A D

Address Line 3

City/Townland

(e.g. Ardee or Dublin 7)

N A V A N

County

C O M E A T H

Post Code (Northern Ireland Only)

\_\_\_\_\_

Day Phone

0 3 2 1 2 3 4 5

Evening

0 3 2 5 4 3 2 1

Mobile Phone

0 8 2 1 2 3 4 5 6 7

Email

Trudy@specialolympics.ie

Fill in the townland or Dublin postal code where the athlete lives

Post Code is for Northern Ireland post codes only, not Dublin post codes

Name the Special Olympics AFFILIATED GROUP(s) the athlete belongs to (i.e. Club, centre, school etc) and the sport/programme the athlete does with that group?

Attach a separate sheet if there is insufficient space below to list all Affiliated Groups/Sports.

Group Name 1:

Navan Flyers Special Olympics Club

Sport(s): Bowling

Group Name 2:

St Gerards Workshop Service

Sport(s): Swimming

Group Name 3:

Sport(s):

Group Name 4:

Sport(s):

List here all Special Olympics clubs that the athlete is registered with. This includes services where the athlete takes part in Special Olympics activities



# Section 4: ATHLETE MEDICAL RECORD



It is mandatory that all boxes 1 - 65 below are answered YES or NO by placing a tick  in the relevant box below

**Cardiac Problem**

- |                          | Yes                                 | No                                  |
|--------------------------|-------------------------------------|-------------------------------------|
| 1. Myocardial Infarction | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 2. Heart Murmur          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 3. Blood Pressure        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| 4. Cardiac Surgery       | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 5. Angina                | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

ALL boxes in this section MUST be ticked either "yes" or "no" and further information provided where indicated.

**Other**

- |                              | Yes                                 | No                                  |
|------------------------------|-------------------------------------|-------------------------------------|
| Head Injury                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Feeding Problems             | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Hypothermia                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 36. Sickle Cell              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 37. Hernia                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 38. Fainting spells          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 39. Behaviour Problems       | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| 40. Dentures                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 41. Pregnancy                | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 42. Major surgery            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 43. Glasses / Contact Lenses | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |

**Epilepsy**

- |  | Yes                      | No                                  |
|--|--------------------------|-------------------------------------|
| 6. Absence seizure                             | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 7. Tonic Clonic seizure                        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8. Status epilepticus                          | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 9. Frequency<br>(Number of seizures per month) |                          |                                     |

**Mobility**

- |  | Yes                                 | No                                  |
|--|-------------------------------------|-------------------------------------|
| 10. Fully Mobile   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| <i>If not fully mobile please answer 11. and 12. below</i> |                                     |                                     |
| 11. Wheelchair User  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 12. Assistance Needed                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |

**Kidney**

- |                             | Yes                      | No                                  |
|-----------------------------|--------------------------|-------------------------------------|
| 13. Urinary Tract Infection | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 14. Cystitis                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 15. Incontinence            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Mental Health**

- |                         | Yes                      | No                                  |
|-------------------------|--------------------------|-------------------------------------|
| 16. Depression          | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 17. Manic Depression    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 18. Other, please state | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Diabetes**

- |                       | Yes                      | No                                  |
|-----------------------|--------------------------|-------------------------------------|
| 19. Insulin Dependant | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 20. Hypoglycaemia     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 21. Hyperglycaemia    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Bone/Joint Problems**

- |                  | Yes                      | No                                  |
|------------------|--------------------------|-------------------------------------|
| 22. Arthritis    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 23. Osteoporosis | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 24. Hemiparesis  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Asthma**

- |   | Yes                                 | No                       |
|---|-------------------------------------|--------------------------|
| 25. Status asthmaticus                          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 26. Frequency<br>(number of seizures per month) |                                     | <u>2 per month</u>       |

**Hearing Problems**

- |                               | Yes                      | No                                  |
|-------------------------------|--------------------------|-------------------------------------|
| 27. Hearing Aid               | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 28. Uses sign language        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 29. Other                     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <i>If yes, please specify</i> |                          |                                     |

**Vision Problems**

- (excluding glasses / lenses)
- |                    | Yes                      | No                                  |
|--------------------|--------------------------|-------------------------------------|
| 30. Blindness      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 31. Glaucoma       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 32. Conjunctivitis | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Allergies**

- |                                | Yes                      | No                                  |
|--------------------------------|--------------------------|-------------------------------------|
| 44. Dust/Pollen                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 45. Rubber/Latex               | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 46. Insects/bites/stings       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 47. Medication                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <i>If yes, please specify:</i> |                          |                                     |
| 48. Other                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <i>If yes, please specify:</i> |                          |                                     |

49. Food Allergy    
*If yes, please specify:* allergy to shellfish

**Dietary Restrictions**

- |                                | Yes                      | No                                  |
|--------------------------------|--------------------------|-------------------------------------|
| 50. Requires special diet      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 51. Coeliac                    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 52. Lactose                    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 53. Diabetic                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 54. Vegetarian                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 55. No pork                    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 56. Other dietary restriction  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <i>If yes, please specify:</i> |                          |                                     |

**Diseases and Infections**

- |                                | Yes                      | No                                  |
|--------------------------------|--------------------------|-------------------------------------|
| 57. Chicken Pox                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 58. Hepatitis A                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 59. Hepatitis B                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 60. HIV / AIDS                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 61. Measles                    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 62. Other contagious diseases  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <i>If yes, please specify:</i> |                          |                                     |

**Immunisations**

- |                             | Yes                                 | No                       | Unknown                             |
|-----------------------------|-------------------------------------|--------------------------|-------------------------------------|
| 63. Measles, Mumps, Rubella | <input type="checkbox"/>            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 64. Tuberculosis            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |
| 65. Tetanus*                | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            |

\* Please state date of tetanus immunisation

1 | 3 | 0 | 5 | 2 | 0 | 0 | 6  
 D D M M Y Y Y Y

# Section 5: ATHLETE MEDICATION DETAILS



Does the athlete have any religious objections to medical treatment? Yes  No

If yes, please specify: \_\_\_\_\_

If the athlete cannot receive particular medical treatments on religious grounds they should be noted here.

Is the athlete taking any medication? Yes  No

If yes, please specify prescribed medication below, otherwise skip to Section 6

List here all medications that the athlete is currently taking. If there is any change or additional medications prescribed Special Olympics must be notified immediately.

Is the athlete self medicating? Yes  No

Self-medicating means that the athlete is able to administer their own medication without help.

**(a) Prescribed medication**

Medication name:

V E N T O L I N I N H A L E R

Prescribed begin date: 1 9 8 6  
D D M M Y Y Y Y

Prescribed end date: N O N E  
D D M M Y Y Y Y

Dosage amount: O N E P U F F

Frequency of dosage: A S N E E D E D

**(b) Prescribed medication**

Medication name:

B E C O T I D E

Prescribed begin date: 1 9 8 6  
D D M M Y Y Y Y

Prescribed end date: N O N E  
D D M M Y Y Y Y

Dosage amount: O N E P U F F

Frequency of dosage: 2 P E R D A Y

**(c) Prescribed medication**

Medication name:

C O D I O V A N 1 6 0

Prescribed begin date: 2 0 0 7  
D D M M Y Y Y Y

Prescribed end date: N O N E  
D D M M Y Y Y Y

Dosage amount: 2 5 M G

Frequency of dosage: 1 A D A Y

**(d) Prescribed medication**

Medication name:

\_\_\_\_\_

Prescribed begin date: \_\_\_\_\_  
D D M M Y Y Y Y

Prescribed end date: \_\_\_\_\_  
D D M M Y Y Y Y

Dosage amount: \_\_\_\_\_

Frequency of dosage: \_\_\_\_\_

**(e) Prescribed medication**

Medication name:

\_\_\_\_\_

Prescribed begin date: \_\_\_\_\_  
D D M M Y Y Y Y

Prescribed end date: \_\_\_\_\_  
D D M M Y Y Y Y

Dosage amount: \_\_\_\_\_

Frequency of dosage: \_\_\_\_\_

**(f) Prescribed medication**

Medication name:

\_\_\_\_\_

Prescribed begin date: \_\_\_\_\_  
D D M M Y Y Y Y

Prescribed end date: \_\_\_\_\_  
D D M M Y Y Y Y

Dosage amount: \_\_\_\_\_

Frequency of dosage: \_\_\_\_\_

If more space is required for additional medications please photocopy this page of the form.

# Section 6 Registered Medical Doctor Physical Examination



## Section 6A

Please answer YES or NO by placing a tick  in the relevant boxes below

Does the athlete have Down syndrome?      Yes       No

If the answer to the above question is "NO" please skip to Section 6B

This entire page to be filled out by a Registered Medical Doctor.

If the athlete has Down syndrome, Special Olympics requires that the athlete must have a physical examination establishing the absence of Atlantoaxial Instability before he/she may participate. Activities of their nature, may result in hyperextension, radical flexion, or direct pressure on the neck or spine for which such a radiological examination is required are; equestrian sports, artistic gymnastics, canoeing, rowing, swimming, diving starts in swimming, high jump, alpine skiing, squat lift, football, and any warm-ups placing undue stress on the head and neck.

This section only needs to be completed if the athlete has Down syndrome.

Atlantoaxial Instability Present       OR      Atlantoaxial Instability Absent

If atlantoaxial instability is present, please refer to the instructions contained in the Special Olympics Official General Rules book or contact Special Olympics Ireland to identify the relevant forms that must be completed for the athlete to participate in Special Olympics activities.

## Section 6B

I have examined the athlete Trudy Smith named in the application, and certify, based on that examination and review of the health information contained in this application, that there is no medical evidence which would preclude the athlete's participation in Special Olympics sports.

Restrictions if any:

NONE

### Doctor's Contact Details and Signature:

Surname: M U R P H Y

Firstname: T O M

Address Line 1: T H E C L I N I C

Address Line 2: R I V E R R O A D

Address Line 3:

City / Townland (e.g. Strabane or Dublin 7): N A V A N

County: C O M E A T H

Postal Code (Northern Ireland only):

Telephone number (day): 0 3 2 4 5 2 3 9

Telephone number (night):

Doctor's Signature: *Tom Murphy*

Date Signed: 2 4 1 1 2 0 0 8  
D D M M Y Y Y Y

Official Stamp of Doctor (if applicable)

If the doctor has their own stamp, the form should be stamped here in this box.

Make sure the doctor has filled in all contact details and signed the form.

## Section 7a: DECLARATION & RELEASE

Read this page carefully  
before proceeding to next  
page.

[Trudy Smith](#) is physically and mentally able to participate in Special Olympics Ireland Ltd and is submitting the attached application for participation and registration. A licensed physician has reviewed the health information set forth in the attached application, and has certified, based on an independent medical examination, that there is no medical evidence which would preclude or render inadvisable this athlete's participation. It is understood that if this athlete has Down Syndrome, he/she cannot participate in sports or events which by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine, unless a full radiological examination establishes the absence of atlantoaxial instability. The [athlete/parent/guardian] is aware that the sports and events for which this radiological examination is required are equestrian sports, artistic gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, squat lift and football (soccer) and that failure to have such examination will preclude this athlete's participation.

The signature on this form grants permission to Special Olympics Ireland Ltd to use the athlete's likeness, name, voice and words in television, radio, film, newspapers, magazines and other media, both during and anytime after the events, and in any form, for advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

By signing below, permission is granted for this athlete to participate in Special Olympics Healthy Athlete programme that provides individual screening assessments of health status and health care needs in the areas of vision, oral health, hearing, physical therapy and a variety of health promotion areas (height, weight, sun protection, etc). It is understood these assessments are not intended for diagnosis or treatment and that provision of these health services is not intended as a substitute or alternative to regular care that has been received in the past or that may be recommended in the future. It is also understood that this athlete should seek his/her own medical advice and assistance irrespective of the provision of these services and that Special Olympics Ireland Ltd, through the provision of these services, is not making itself responsible for the athlete's health. It is understood that information that is gathered as part of the screening process may be used in group form (anonymously) to assess and communicate the overall health needs and to develop programs to address those needs.

If a medical emergency should arise during the athlete's participation in Special Olympics Ireland Ltd sporting and non sporting activities at a time when the athlete is not able to give his/her consent or make his/her own arrangements for treatment because of his/her injuries or when the parent/guardian of the athlete (in the case where the applicant is under the age of 18) is not personally present so as to be consulted regarding the athlete's care, Special Olympics Ireland Ltd is authorised to take whatever measures it shall deem necessary to ensure that the athlete is provided with any emergency medical treatment necessary, including hospitalisation, in order to protect the athlete's health and well-being.

It is understood that this athlete's personal information will be held and processed by Special Olympics Ireland Ltd for the purpose of administering the Special Olympics Ireland Ltd in accordance with the Data Protection Amendment Act 2003 (Republic of Ireland) and the Data Protection Act 1998 (UK). This athlete's personal data will be disclosed to Special Olympics Incorporated to be included in the global census for the purpose of gathering information on Athlete/Unified Partner participation in Special Olympics sporting and non sporting activities.

### DECLARATION AND RELEASE FORM CONTINUED ON NEXT PAGE

Please proceed and complete as follows

#### Section 7(b) If the athlete is an ADULT ATHLETE (over 18 years of age)

Part (i) Where an athlete is signing the form on their own behalf

**OR**

Part (ii) Where a parent/guardian or next of kin signs the form on behalf of the athlete

**OR**

#### Section 7(c) If the athlete is a MINOR ATHLETE (under 18 years of age)

**Section 7(b) To be completed if the athlete is an ADULT ATHLETE (over 18yrs of age)**

Only need to complete PART (i) **OR** PART (ii)

**PART (i) Athlete is signing the form on their own behalf**

I, Trudy Smith am at least 18 years old and have submitted the attached application for participation in Special Olympics Ireland Ltd sporting and non sporting activities.

I DECLARE that, to the best of my knowledge and belief, all the particulars given

I have read this paper and fully understand the provisions of the release that I am signing, saying that I agree to the provisions of this release.

If the athlete is over 18 and able to sign the form themselves, this is where they sign it. Leave this section blank if someone else is signing on the athlete's behalf below.

Print Name: T R U D Y S M I T H

Signature: [Handwritten Signature]

Date: 2 4 1 1 2 0 0 8  
D D M M Y Y Y Y

**WITNESS SIGNATURE**

I hereby certify that I have reviewed this release with the athlete whose signature appears above. I am satisfied, based on that review, that the athlete (participant with an intellectual disability) understands this release and has agreed to its terms.

Print Name: A N N C O N S I D I N E

Signature: [Handwritten Signature]

If the athlete has signed the form themselves, a witness should sign here also.

Date: 4 1 1 2 0 0 8  
D D M M Y Y Y Y

State your relationship to the athlete: Family Member  Carer/Guardian  Other  If "other" state your relationship \_\_\_\_\_

**PART (ii) Parent/Guardian/Next of Kin is signing the form on behalf of the athlete**

I am the Parent /Guardian /Next of Kin of \_\_\_\_\_ (the \_\_\_\_\_) who is to participate in Special Olympics Ireland Ltd

If the athlete is unable to sign the form for themselves, their parent / legal guardian / next of kin must fill in this section and sign below.

I represent and warrant that to the best of my knowledge the athlete is physically and mentally fit to participate in Special Olympics Ireland Ltd sporting and non sporting activities and, in particular, the activities for which he/she has applied. I have taken appropriate medical advice in relation to his/her participation in Special Olympics Ireland Ltd. I confirm that a licensed physician has reviewed the health information set out in the athlete's medical information (Athlete Participation Form) and has certified, based on an independent medical examination, that there is no medical evidence which would render participation inadvisable. I confirm that the athlete is able to and does understand the provisions of the above release and that I have read and fully understand the provisions of the above release. Through my signature, I am agreeing to the above provisions on my own behalf and on behalf of the athlete and I DECLARE that, to the best of my knowledge and belief, all the particulars given are correctly stated.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_  
D D M M Y Y Y Y

State your relationship to the athlete: Family Member  Carer/Guardian  Next of Kin

**Section 7(c) To be completed if the athlete is a MINOR ATHLETE (an individual under the age of 18)**

I am the parent/guardian/next of kin of \_\_\_\_\_ whose behalf I have submitted the attached application for participation in Special Olympics Ireland Ltd. I represent and warrant that the athlete has my permission to participate in Special Olympics Ireland Ltd sporting and non sporting activities. I DECLARE that, to the best of my knowledge and belief, all the particulars given in this form are correct.

If the athlete is Under 18 this section must be filled in by their parent / legal guardian / next of kin.

I have read and fully understand the provisions of the above release, and have explained these provisions to the athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the athlete named above.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_  
D D M M Y Y Y Y

State your relationship to the athlete: Family Member  Carer/Guardian  Next of Kin

